

## Health and Wellbeing Board 25<sup>th</sup> May, 2017

### DELIVERY GROUP REPORT - HEALTHY LIVES

#### Responsible Officer

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#### 1. Summary

- 1.1 This paper serves as an update on the Healthy Lives in particular Social Prescribing and Diabetes Prevention.
- 1.2 As a reminder - **Healthy Lives** focuses on taking a whole system approach to reducing demand on services and relies on working together in partnership to deliver activity; it supports integration across health and care as set out in the Health and Wellbeing Strategy and is an integral component of the STP Neighbourhoods Workstream.
- 1.3 The programme is made up of the following programmes – 3 HWBB Exemplars highlighted in bold
  - Social Prescribing
  - Falls Prevention,
  - **CVD & Healthy Weight and Diabetes Prevention,**
  - **Carers/Dementia/UTIs,**
  - **Mental Health,**
  - Future Planning & Housing,
  - COPD/ Respiratory & Safe and Well
- 1.4 The Board has received previous reports through the Autumn 2016 and Spring 2017 regarding the Healthy Lives programme that detailed programme documents (PiDs, logic models and project trackers).
- 1.5 Healthy Lives is supported by a Steering Group. Please see diagram below in section 4 – **Background**, for the visual; this diagram will need to be updated following the agreement of the out of hospital work and governance.
- 1.6 The approach of Healthy lives has been endorsed by Optimity review with recognition of population health programmes, a framework for population health (Healthy Lives) and robust project documentation, data on population health need, and individual programmes of work (including social prescribing) and governance.

#### 2. Recommendations

- 2.1 Note and discuss the progress of Healthy Lives (Social Prescribing and Diabetes Prevention) in the context of the Shropshire Neighbourhoods/ out of hospital work

# REPORT

## 3. Purpose of Report

3.1 The purpose of the report is to update the Health and Wellbeing Board on progress of Healthy Lives

## 4. Update Healthy Lives

4.1 A Healthy Lives Stocktake workshop took place on 7/4/2017 for all programme leads and operational leads to identify what has been achieved, ensure there is clarity on roles, agree a plan for the future with milestones and deliverable, agree a joint purpose, identifying what success will look like, and next steps for achieving our vision.

4.2 The Healthy Lives Steering Group has taken on the joint leadership and organisation of the Midlands Social Prescribing Network. The first event took place on 27<sup>th</sup> April 2017 with an agenda heavily featuring Shropshire's Social Prescribing work including the Shropshire model, input from the voluntary and community sector and from resilient communities. The event was extremely well attended with over 100 people representing different organisations including the voluntary and community sector, CCGs, Public Health, and GPs. The event included the national Social Prescribing Lead, Michael Dixon and Rod Thomson as key note speakers. More details can be found on the Shropshire Together website: <http://www.shropshiretogether.org.uk/social-prescribing/social-prescribing-network/>

### Social Prescribing

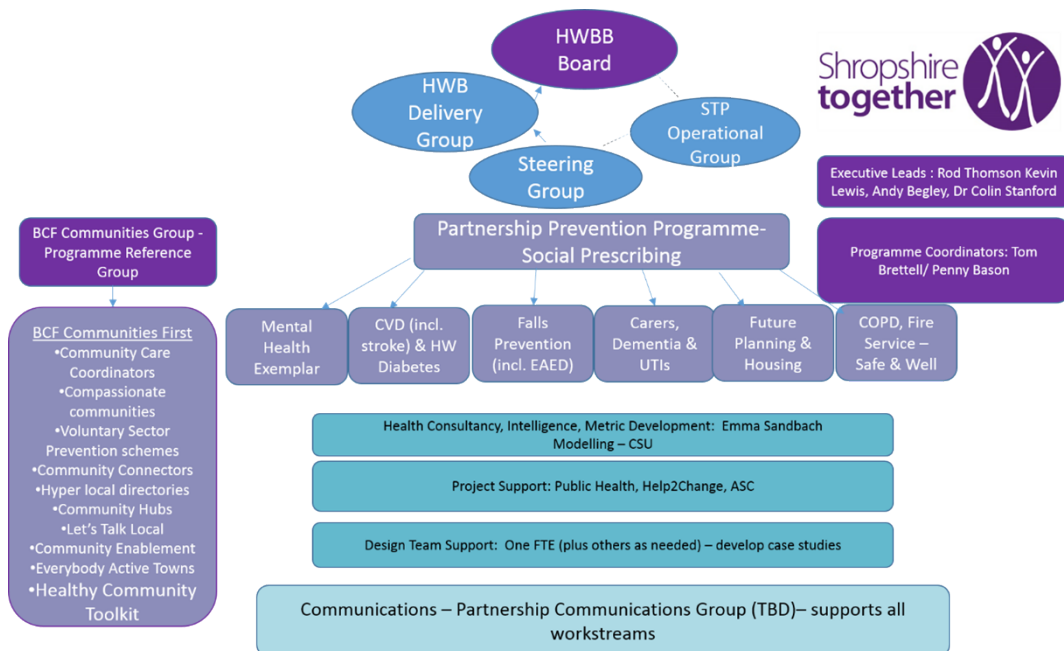
- Shift into operational phase (March/April)
- Engagement and support from teams in CMHT, Let's Talk Local, Early Help, FPOC
- Enhanced Social Prescriber post identified and working with us to support the Oswestry locality, enhance the role of the Community & Care Co-ordinator
- Three Oswestry practices on board and visits taken place between – H2Change, Sath and Shropshire Community Trust to reduce duplication with practices
- Scoping of mobile library input taking place
- Second provider event taken place (with over 20 providers present in the Oswestry area) last week – to identify potential providers and promote quality standards
- Input to following groups to ensure sign up of key stakeholders (STP Neighbourhood meeting, voluntary sector & Social Care Forum, Programme Leads, LJC meetings)
- First referrals from GPs and ASC beginning May
- Key focus for GP surgeries is frequent attenders, pre-diabetes, and opportunistic referrals by the community care coordinators

### Diabetes Prevention

- 2 pilot sites taking forward the diabetes prevention work, Shrewsbury and Oswestry
- Patients diagnosed with pre-diabetes will be offered 2.5 hour information session about pre-diabetes and diabetes – accredited programme (EXPERT First Steps) plus information about local and national self-help and local community support groups and exercise groups
- Sessions to begin at the end of June 2017
- Those in Oswestry will be connected to Social Prescribing
- Business cases for rolling out the information sessions, First Steps, and developing a business case for the development of structured education for pre-diabetes and diabetes.

## 5. Background

Governance – (will be updated to reflect STP out of hospital working)



## 6. Engagement

6.1 Each programme/ project of the Prevention Programme is required to engage with a wide range of stakeholders, including patient/ service user representatives, as part of the development and delivery of any programme or change of service. Shropshire Council's design team is supporting engagement of local people and ethnographic research as part of the programmes of Health Lives.

## 7. Risk Assessment and Opportunities Appraisal (including Equalities, Finance, Rural Issues)

7.1 The purpose of the HWBB is to reduce inequalities in health, as such all programme development will, to the best of our ability, develop services where equity is at the core of decision making.

**List of Background Papers (This MUST be completed for all reports, but does not include items containing exempt or confidential information)**

**Cabinet Member (Portfolio Holder)**

**TBA**

**Local Member**

**Appendices  
N/A**